

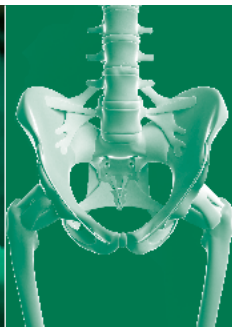
EHS-EFORT BAT Programme

05 - 07 March 2014



A combined Educational Programme with EHS

Live Surgeries / Workshops



EHS - EFORT Instructional Course

Madrid, Spain: 05 - 07 March 2014

Hip pathology in young adults: Basic Course

- Anatomy & Pathophysiology
- Epidemiology & Clinical findings
- Imaging techniques
- Surgical approaches for classical FAI

Workshops:

- How to read hip imaging: Practical exercises
- Selecting best treatment option for each hip problem
- Practical exercise (sawbone): Correcting the deformity of the hip
- Get your access to the hip: Portals, instruments and surgical tricks

info

www.efort.org/ic-ehs2014-basic

Welcome



Oliver
Marin-Peña



Klaus
Siebenrock



Manuel
Cassiano Neves

Dear Colleagues,

We are proud to welcome you to the first EHS-EFORT BAT programme, which focuses on hip joint preservation in young adults.

Over the past decade, hip joint-preserving surgery has gained tremendous interest worldwide. A better understanding of hip joint pathophysiology, and new surgical techniques including hip joint arthroscopy, have led to an increasing demand for training and teaching opportunities among European orthopaedic surgeons in order to improve knowledge and practical skills. BAT stands for Basic, Advanced and Traumatology courses. The programme we are presenting here consists of two courses, the Basic Course and the Advanced Course. The courses build on each other and consist of theory lessons plus ample hands-on and small group sessions. There will be plenty of opportunity to familiarise yourself with both arthroscopic and open surgical techniques to address pathomorphologies. Expected treatment results, complications and failure prevention will also be broadly discussed.

With this comprehensive review programme, EFORT/EHS aims to contribute to improving European surgeons' skill levels in this expanding field, to provide the greatest benefit to patients.

The faculty panel is composed of respected experts who will share their vast experience with the audience in workshops and live surgeries.

We look forward to welcoming you!

Yours,

Oliver Marin-Peña

Chairman IC Madrid
Basic Course

Klaus Siebenrock

Chairman IC Bern
Advanced Course

Manuel Cassiano Neves

EFORT President
2013-2014

Programme

Wednesday, 05 March

Schedule	Topic	Faculty
13:00	Registration	
13:40	Opening Remarks	O. Marín-Peña K. Siebenrock
13:50	About EFORT	P. Kjærsgaard-Andersen

Anatomy and imaging of the hip

Moderator: Klaus Siebenrock

14:00	What an orthopedic surgeon should know about plain X-rays of the hip	L. Cerezal
14:10	MRI imaging of hip cartilage	A. Kassarian
14:20	CT scan and 3D reconstruction	M. Tannast
14:30	Surgical anatomy: Acetabulum & labrum	P. Golano
14:40	Imaging of the acetabulum and labrum	A. Kassarian
14:50	Surgical anatomy: Femoral head, vascular supply, capsule & ligamentum teres	P. Golano
15:00	Imaging of the femoral head, vascular supply, capsule and ligamentum teres	L. Cerezal
15:10	Surgical anatomy: Psoas, peritrochanteric space & sciatic nerve	P. Golano
15:20	Imaging of the psoas, peritrochanteric space and sciatic nerve	L. Cerezal
15:30	Discussion	
16:00	Coffee break	

Physiology and Pathogenesis of the hip problems

Moderator: Michael Leunig

16:30	Physical examination in painful young adult hip	O. Marín-Peña
16:40	Function of the labrum	M. Tannast
16:50	Pathophysiology of Hip Dysplasia	K. Siebenrock
17:00	Non-Articular Sources of Groin Pain (adductor, sport hernia, extrarticular impingement)	C. Cardenas
17:10	Discussion	
17:30	Workshops - Rotation system	
18:30	End of the day	

Programme

Thursday, 06 March

Schedule	Topic	Faculty
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Femoro-Acetabular Impingement

	Moderator: Oliver Marín-Peña	
8:30	Pathophysiology of femoro-acetabular impingement	M. Leunig
8:40	Damage pattern in cam-and pincer-type impingement	R. Villar
8:50	Finite element model of impingement	M. Tannast
9:00	Causes of FAI	P. Rego
9:10	Clinical findings in FAI	C. Mella
9:20	Discussion	

Hip Arthroscopy for treatment of FAI

	Moderator: Richard Villar	
9:30	Position, traction and portals	H. Said
9:40	Access central compartment safely: Tips and tricks	R. Torres
9:50	Access peripheral compartment: Tips and tricks	N. Santori
10:00	How to repair a labrum	H. Said
10:10	How to resect the cam deformity	M. Tey
10:20	Discussion	
10:40	Coffee break	
11:10	Hip arthroscopy in the peritrochanteric space	L. Perez Carro
11:20	Complications and pitfalls of hip arthroscopy	M. Leunig
11:30	Postoperative management after FAI treatment	N. Santori
11:40	Discussion	
12:00	LIVE SURGERY: Hip arthroscopy for impingement	C. Mella
14:00	Lunch break	
15:00	Workshops - Rotation system	
16:00	LIVE SURGERY: Mini-anterior approach for FAI	M. Ribas

Programme

Thursday, 06 March

Schedule	Topic	Faculty
18:00	Coffee break	
18:30	Workshops - Rotation system	
19:30	End of the day	
20:30	Course Dinner	

Friday, 07 March

Schedule	Topic	Faculty
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Other approaches in hip pathology

Moderator: Moritz Tannast

8:30	FAI through mini-anterior (Hueter) approach	M. Ribas
8:40	FAI through the classic approach: Safe surgical hip dislocation	K. Siebenrock
8:50	Hip arthroscopy in adolescent and childhood	R. Villar
9:00	Resection guidelines for femoral neck and acetabular rim trimming	K. Siebenrock
9:10	Conservative management of hip pathology	O. Marín-Peña
9:20	Discussion	
9:30	Workshops - Rotation system	
10:30	Coffee break	
11:00	LIVE SURGERY: Hip arthroscopy, the peritrochanteric space	L. Perez Carro
13:00	Closing Remarks	O. Marín-Peña K. Siebenrock

Faculty

Faculty:

Oliver Marín-Peña, Spain

Klaus Siebenrock, Switzerland

Ara Kassarian, United States

Claudio Mella, Chile

Hatem Said, Egypt

Michael Leunig, Switzerland

Moritz Tannast, Switzerland

Nicola Santori, Italy

Paulo Rego, Portugal

Richard Villar, United Kingdom

Carlomagno Cardenas, Spain

Juan Ribera, Spain

Luis Cerezal, Spain

Luis Perez Carro, Spain

Manel Ribas, Spain

Marc Tey, Spain

Pau Golano, Spain

Raul Torres, Spain

With the scientific support
of the Spanish Arthroscopy
Association



Information

Course fee

Participants

EUR 315.00

Late (26.02–05.03.2014)

EUR 365.00

On-site registration

EUR 385.00

Residents in training

EUR 205.00

Dinner

EUR 50.00

Credits

12 CME credits



Venue

Hospital Infanta Leonor Centralita

Avenida Gran Vía del Este 80

28031 Madrid

Spain

Scientific committee

Dr. Oliver Marín-Peña

Prof. Klaus Siebenrock

Contact

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www.efort.org

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Registration

www.efort.org/ic-ehs2014-basic

Opening hours

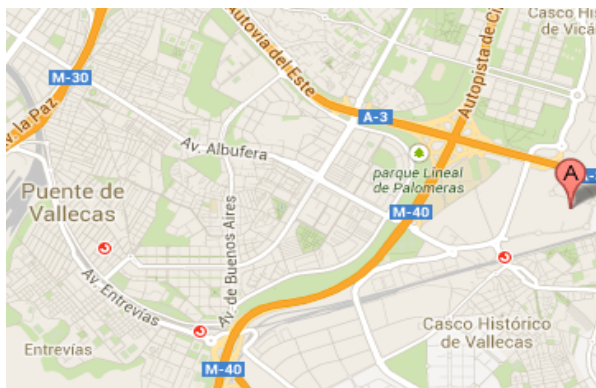
Wednesday 05 March: 13.00–18.30

Thursday 06 March: 07.30–19.30

Friday 07 March: 07.30–13.30

Course language

English – no simultaneous translation



EFORT Advanced Training Programme 2014

EFORT ExMEx Copenhagen, 25 - 26 April 2014

Periarticular Fractures

EHS-EFORT IC Bern, 27 - 29 August 2014

Hip pathology in young adults: Advanced Course

3rd EPOS-EFORT BAT IC Vienna, 24-26 September 2014

Hip pathology in Paediatrics: Basic I

EFORT IC Lausanne, 28-29 November 2014

Concrete Solutions for Failed Foot & Ankle Surgery: Advanced Course

More details on: www.efort.org/training

Save the date!

15th EFORT Annual Congress - London, United Kingdom

04 - 06 June 2014



11th EHS Annual Congress - Stockholm, Sweden

09 - 11 October 2014